

Curriculum vitae

Name: Françoise Delange Alsaker

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Academic training and degrees

March 1991 Dr. philos. degree at the University of Bergen – equivalent to an
“Habilitation” degree in German-speaking countries¹
Doctoral dissertation in personality / developmental psychology,
1984 Obtained the "psychologist license" from the Norwegian Ministry of Social
Affairs, which gives the right to practice as a clinical psychologist
1984 Cand. psychol. Degree (Master degree in Psychology)
1977 - 1983 University of Bergen, studies in Psychology
1972 Master in German literature and language, University of Caen, France
1970-1972 University of Göttingen, Germany, studies in German literature and
language
1967 Baccalauréat in France

Positions

2005 - present Full Professor in Developmental Psychology, Department of Psychology,
University of Berne, Switzerland
1997 – 2005 Professor (appointed as “Dozentin I”) with full responsibilities (courses,
supervision of master and doctoral theses, examinations, research projects,
etc.) at the Department of Psychology, University of Berne, Switzerland.
1999 – 2002 Visiting professor in developmental psychology at the University of Bergen,
Norway
1999 – 2002 Guest professor (Lehrauftrag) at the University of Zürich
1995 – 1997 Guest professor at the University of Bern. Part-time appointment.
1993 – 1999 Full Professor in Developmental Psychology at the University of Bergen,
Affiliation: Department of Psychosocial Science, Division of Developmental
Psychology. Since April 1994 partly on leave (partial position in Berne).
1995 Guest professor (Lehrauftrag) at the Chair of Social Work, University of
Fribourg, Switzerland
1993 - 1994 Visiting professor (responsible for specific lectures and seminars) at the
Department of Psychology, University of Berne, Switzerland
1992 Visiting professor of the Johann Jacobs Foundation at the University of
Berne, Switzerland. Affiliation: Department of Psychology, Chair of Child
and Adolescent Psychology

- 1989 - 1992 Førsteamanuensis (Associate Professor – tenure position) in developmental psychology at the University of Bergen, Norway. Affiliation: Department of Psychosocial Science, Division of Personality and Developmental Psychology
- 1984 -1989 Research officer with teaching duties in Developmental Psychology at the Department of Personality Psychology, University of Bergen
- 1981 - 1984 Research assistant at the Department of Personality Psychology.
- Project on aggression for Professor D. Olweus, data management, advanced statistical analyses, computer programming
 - Projects on different topics for Professor Vollmer, statistical analyses, incl. path analyses
- 1970 Tutor in German literature for Professor W. Killy, Göttingen, Germany

Academic Teaching and teaching-related activities

Regular teaching (Semester courses)

University of Berne,
Switzerland

Developmental Psychology

- Introductory course in developmental psychology
- Adolescent Development
- Peer relationships
- Social development in a life span perspective
- Problem behavior in children and adolescents
- Internalizing Disturbances in Children and Adolescents
- Aggressive behavior
- Bully / victim problems and prevention
- Prevention of aggressive behavior
- Pubertal development and psychopathology
- ADHD
- Puberty at the crossroad between individual and society
- Adolescents' relation to their bodies
- Self and identity development from birth to old age
- Self-evaluation in adolescents
- Personality development
- The construction of the life course in the social context

University of Bergen

Methods:

- Use of computers and statistical packages in psychological research
- Research in Developmental Psychology for doctoral students

Personality psychology:

- Research methods in personality psychology
- Irrationality
- Instrumentality and the self
- Sex role orientation and the self

- Sex role orientation and irrationality

Developmental Psychology

- Socialization
- Peer relationships
- Personality Development
- Theory and methods
- Attachment
- Development of self-concept, self-esteem, and identity
- Puberty
- Observation as research method
- Developmental theories and the development of self and identity

University of Zürich, Switzerland - Adolescent development and its problems (1999 – 2002)

University of Fribourg, Switzerland - Social development in a life-span perspective (1995)

Doctoral Students – Theses

- Adolescent and emerging adult sexual risk behavior in Switzerland: The interplay of individual vulnerability, psychosocial factors and gender factors in the prediction of risk (Louise Vilén, 2012)
- Psychosocial Adjustment of immigrant kindergarten children. (von Grünigen, R., 2010)
- Comorbidity of Internalizing and Externalizing Problems in Adolescents (Büttikofer, A., 2009)
- Body Dissatisfaction in adolescent boys and girls: Relationships with internalization of the media body ideal, perceived pressure from media and objectified body consciousness (Knaus, C., 2008)
- Soziale Kompetenz, Verhaltensauffälligkeiten und ihr Zusammenspiel bei mobbinginvolvierten Kindern im Kindergarten (Baumgartner, A., 2007)
- Evaluation des Therapieangebotes der Psychotherapiestation für weibliche Jugendliche mit schweren Essstörungen des Kinder- und Jugendpsychiatrischen Dienstes Baselland (Britschgi, F., 2005)
- „Wirkungsqualität in der Suchtprävention: eine Synthese praktischer und wissenschaftlicher Erkenntnisse“ (Meier, C., 2004)
- “Aspekte der Körpererfahrung und der Motorik im Kontext von Mobbing im Kindergarten” [Body experience and motor development in children involved in bullying problems in kindergarten] (Valkanover, S., 2003)
- “Pubertäre Reifung bei elf und zwölf Jahre alten Mädchen” (Ryser, A., 2001)
- “Eating problems at puberty: first signals and risk factors” (Lau, B., 2001). University of Bergen, Norway
- “Kindergarten children involved in bullying: Social behavior, peer relationships, and social status” (Perren, S., 2000)
- "Functional and dysfunctional closeness. Family interaction and offspring's adjustment" (Dundas, I., 1999). University of Bergen, Norway

3 ongoing theses (working titles)

- Aggressive Problems and the Role of the Family (Gantenbein-Schaffner, B.)
- Social exclusion in children (Sabrina Ruggieri).
- Bullying in Cyberspace and school (Fabio Sticca, Zürich)

Postgraduate courses for psychologists, psychiatrists and special teachers

1999-present	Prevention of victimization	All parts of Switzerland Friedrichshafen, Realsingen, Germany
	Developmental Psychology	Bern, Switzerland
	Adolescent Psychology	Bern & Biel, Switzerland
1994-2000	Bully / Victim Problems in schools	Bergen, Norway
	Recent findings in developmental psychology	University of Fribourg, Switzerland
1998	Problem behavior in adolescents	University of Fribourg, Switzerland
	Self and identity in adolescence: Stressors and resources	University of Berne, Switzerland
1992 - 1993	Intervention Strategies against aggressive behavior in children and adolescents	University of Berne, Switzerland

6. Professional affiliations (in alphabetical order)

American Psychological Society (1990 – 1994)

American Educational Research Association (1991 – 1993)

European Association for Research on Adolescence (1992 – present)

2001 – 2003: National representative for Switzerland

European Society for Developmental Psychology (1996 – 2011)

International Society for the Study of Behavioral Development (1990 – 2011)

Norwegian Association for Epidemiology (1991 – 1992)

Norwegian Psychological Association (1984 – 1991)

Norwegian Research Association (1984 – 1999)

Society for Research in Adolescence (1989 – 2011)

Society for Research in Child Development (1989 – 2010)

Schweizerische Gesellschaft für Psychologie (2006 – present)

Contributions to research policy

2005 - 2011 Member of the Research Committee at the "Pädagogische Hochschule", University of Berne

1994 - 2003 Member of the "Expert Group" for the Swiss National Research Program on violence in daily life and organized crime. (Expertengruppe des Nationalen Forschungsprogrammes NFP-40: "Organisierte Kriminalität und Gewalt im Alltag")

- 1994 - 1996 Member of the Norwegian Council for Research in Medical Sciences,
Division for Social Medicine (which includes psychology)
- 1991 Elected as substitute in the Norwegian Council for Research in Social
Sciences

7.3. Reviewer for Research Councils, Foundations, Universities

Swiss National Science Foundation
Fonds zur Förderung der wissenschaftlichen Forschung (FWF), Austria
Jacobs Foundation, Zürich.
Social Sciences and Humanities Research Council of Canada
Stiftelsen Riksbanken Jubileumsfond, Stockholm, Sweden
University of Ottawa, Canada
Laval University in Montreal, Canada
Polish Research Council

7.4. Reviewer for Journals (in alphabetical order)

Adolescence (2008)
British Journal of Developmental Psychology (1997)
Behavior Research and Therapy incorporating Behavioral Assessment (1997)
Child Development (1989 – present)
Developmental Psychology (1998 - present)
Enfance (1996)
European Journal of Developmental Psychology (2006 - present)
European Psychologist (2006 – present)
International Journal of Behavioural Development (1990 – present)
International Journal of Developmental Science (2012 –)
International Review of Social Psychology (1999)
Journal of Adolescence (2007 -)
Journal of Adolescent Health (2006 - present)
Journal of Child Psychology and Psychiatry (1997 - present)
Journal of Early Adolescence (2009 - present)
Kindheit und Entwicklung (2009 - present)
Nordisk Psykologi [Nordic Psychology] (1992 – 1996)
Polish Quarterly of Developmental Psychology (1995)
Psychologie in Erziehung und Unterricht (2007)
Scandinavian Journal of Psychology (1992 – present)
Sex Roles (2011)
Swiss Journal of Psychology (1995 - present)
Sozial- und Präventivmedizin (2000)
Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie (2003 - present)
Zeitschrift für Pädagogische Psychologie (1995)

Editorial Work for Journals

- 2012 – 2013 Guest Editor for a special issue of the “International Journal of Developmental Science” (Topic: Cyberball: A reasonable paradigm for research in developmental science)
- 2008 – 2009 Guest Editor for a special issue of the “Schweizerische Zeitschrift für Bildungsforschung”
- 1997 Guest Editor for a special issue of the Journal of Reproductive and Infant Psychology

Scientific meetings and conferences

- 2011 “Current methodological issues in bullying research” (co-chair: Sonja Perren, Zürich). Preconference Workshop at the Biennial Meeting of the European Society for Developmental Psychology. Bergen, Norway, August 23-27th, 2011.
- 2008 “Victimisation in children and youth” (co-chair: Peter K. Smith, U.K.), Preconference Workshop at the XXth Meetings of the ISSBD in Würzburg, Germany.
- 2007 Organization of the International Conference: “Joint Efforts in Preventing Victimization”. June 8th – 10th 2007, Kandersteg, Switzerland.
- 2007 Organization of the Swiss Knowledge Transfer Conference: “Generationen gegen Mobbing”. June 11th 2007, Kandersteg, Switzerland.
Financial Support from the Swiss National Research Program 52 (“Childhood, Youth and intergenerational relationships in a changing society”)
- 1997-2000 Member of the Scientific Advisory Board for the XXVIIth International Conference in Psychology, Stockholm in 2000
- 1995-1998 Co-chair of the Scientific Program Committee for the XVth Meetings of the ISSBD in Berne, Switzerland
- 1991 Organized the Norwegian Conference on "Early Adolescence. Research on Young Adolescents' Psychosocial Health", Bergen, Norway
- 1990 - 1991 "Forum for Developmental Psychology" at the University of Bergen.

Invited lectures / talks

- 2012 “Zusammenwirken von Wissenschaft und Politik zur Qualitätssicherung in der Frühförderung”. Olibet, E., & Alsaker, F. D. Invited Workshop at the Meeting “Qualität der frühkindlichen Bildung” Fribourg, Switzerland, January 19th, 2012.
- 2011 “Lessons learned from research in kindergarten”. Keynote address at the Biennial Meeting of the European Society for Developmental Psychology. Bergen, Norway, August 23-27th, 2011.
- 2010 “Gewaltprävention im Rahmen der Elementarpädagogik”. Keynote address at the National Austrian Meeting on Prevention of Violence. Bundesministerium für Unterricht, Kunst und Kultur, Wien, Austria, November 25th, 2010.

- 2007 "Puberty in the 21st Century". Invited Symposium at the Meeting of the European Society for Developmental Psychology. Jena, Germany, August 2007
- The Measurement of Puberty. Invited talk at the Preconference Workshop on Puberty, European Society for Developmental Psychology. Jena, Germany, August 2007
- 2006 "Plagen und Hässeln: ein Kinderspiel?" Keynote address at the Conference "Voneinander Lernen", organized by the Federal Office of Health, September 27th 2006, Berne, Switzerland
- "Bullying in Kindergarten and Prevention". Invited Presentation at the Conference: "Addressing Bullying Through Partnerships: Canadian and International Perspectives", May 25th 2006, Ottawa, Canada
- 2004 Stresserleben und Stressbewältigung in Schule und Familie. Göttingen, Germany: "Victimization and its Prevention"
- Jugendliche in der Grauzone, Symposium on drug prevention, organized by the Ministry of Health (Bundesamt für Gesundheit), Bern, Switzerland. Opening Talk
16. Zürcher Kinder- & Jugendpsychiatrisches Symposium – Schule und psychische Störungen. Zürich, Switzerland: "Victimization in Children and Adolescents"
- 2003 Symposium on Eating Disorders, UMSA, Lausanne, Switzerland: "Troubles de la conduite alimentaire atypiques et développement à l'adolescence"
- 2001 Summerschool of the European Association for Research on Adolescence, Chexbres, Switzerland: "Pubertal development as a challenge"
- 2000 Keynote address at the "Millenium Conference on Adolescent Psychology" University of Oslo. "Pubertal development as a challenge"
- 1999 Department of Preventive and Social Medicine, Lausanne: "L'adolescence à l'Européenne et à l'Américaine"
- 1998 Seminar Series at the Department of Social and Preventive Medicine, University of Berne, Switzerland: "Health in adolescence: The role of pubertal development"
- Center for Developmental Science, University of North-Carolina, Chapel Hill, USA: "The impact of pubertal timing in two cultural contexts"
- Center for Developmental Science, University of North-Carolina, Chapel Hill, USA: "The prevention of bullying in Kindergarten"
- Family Counseling Basel, Switzerland: "Bullying. Early diagnosis and prevention"
- Annual meeting of the School Medical Officers in the county of Berne, Switzerland: "Early diagnosis and prevention of victimization in Kindergarten"
- 1997 University of Bologna, Italy: "Bullying in schools"
- Annual meeting of the School Psychologists in the county of Berne, Switzerland: "Bully / Victim Problems in Swiss Schools"
- 1996 Collegium Generale, University of Berne, Switzerland: "Lebensbedingungen und Entwicklung Jugendlicher in verschiedenen europäischen Ländern: Am Beispiel Zeitgebrauch und Aktivitäten".
- INETOP (Institut National d'Etudes sur l'Orientation Professionnelle), Paris: "Adolescents en Suisse et en Norvège"

- 1995 Kolloquium at the Department of Psychology, University of Berne, Switzerland: "Isolation as violence"
- 1990 - 1993 Talks on self-concept and on pubertal development for teachers, medical students, health workers, coaches, youth/sport leaders, etc. in Norway.
- 1992 University of North-Carolina, Chapel Hill, USA: "Development of Self-concept"
- Kolloquium at the Department of Psychology, University of Berne, Switzerland: "Mädchen, bald bist Du eine Frau" (On the pubertal development of girls)
- Université René Descartes, Paris V, France: "L'estime de soi chez les adolescents" [Self-esteem in adolescence]
- Conference on battered children, organized by the Ministry of Social Affairs, Paris, France: "La maltraitance chez les pairs" [Victimization among peers]
- 1990 University of Illinois at Urbana-Champaign, IL, USA: "The stability of self-concept"
- Introductory address at the conference "Child Development in Today's Society", Bergen, Norway
- 1989 University of Washington, Seattle, USA: "Self-concept in adolescence"
- 1986 & 1987 School of Education for Kindergarten teachers in Trondheim, Norway: "Self-concept in young children"

Research Projects and Grants

- 2010-2012 "Bully/victim Problems in School and Cyberspace: What Moderates or Mediates the Impact on Adolescents' Psychosocial Adjustment?"
- Eine Längsschnitt-Studie mit vier Erhebungszeitpunkten.
- Finanzielle Unterstützung durch SNF, an Prof. Sonja Perren und Prof. Françoise D. Alsaker.
- 2010-2012 „Prädiktive Faktoren für Gesundheit und Wohlbefinden in der frühen Adoleszenz“.
- Die Kinder, die in den Jahren 2003-2006 am SNF (NFP 52) Projekt „Mobbing im Kindergarten und in der Schule“ teilnahmen, werden 2010-2011 in einem Alter von 11-12 Jahren wieder befragt.
- Finanzielle Unterstützung: Stiftung „Helvetia Sana“ und von der „Stiftung Suzanne und Hans Biäsch zur Förderung der Angewandten Psychologie“
- 2008 - 2013 "Social Exclusion in Children"
- The project is a cooperation with the University of Trondheim, Norway (Alsaker, F. D., Bendixen, M., & Gabrielsen, U.). It started June 2008. The pilot phase of the project is financed by the University of Trondheim.
- The project focuses on how children react to being socially excluded. Social exclusion or ostracism describes the act of being ignored and excluded. The project aims at closely monitoring ostracism's immediate impact on children during an experimentally induced episode of exclusion. Research on children so far has mainly focused on self-report and "other-report". In assessing reflexive and reflective reactions to ostracism we intend to investigate the

very dynamic of such negative social encounters.

2007 – 2012

“Evaluation of primano”.

Primano is a project of the city of Bern (Gesundheitsdienst). The primary goal of primano is to help children from disadvantaged families to a better start in kindergarten and school. Interventions are conducted on three levels: 1) home visits, 2) promotion of specific competences (motor development, nutrition, language, and social behavior) in day-care centers and early playgroups, and 3) net-working in the four project-neighborhoods. The main goal of the evaluation is to focus on the effectiveness of the whole project.

The evaluation is financed by the Jacobs Foundation and the Bundesamt für Gesundheit (Swiss Federal Office for Public Health).

2003 - 2007

“Pathways to victimization in childhood. Basic research on subtypes of victims and evaluation and a multi-setting intervention”.

The differentiation of different subtypes of victims and aggressors and pathways to victimization are the first focus of the study; co-occurrence of victimization with other types of problems receives particular attention. Data were collected through interviews of the children, questionnaires from the teachers and from the parents.

The second aim of the study was to develop, implement and evaluate interventions, based on a cautious diagnostic of the problems, involvement of the peer group (through the teachers), supervision of teachers and parents, and a strengthened cooperation between school and home.

The project was extended to include a follow-up of the children one, respectively two years, after the first data collection, after the transition to elementary school.

The third phase of the project focuses on the application of the results. A meeting is organized in June 2007.

Financial support from the Swiss National Science Foundation, NFP52. (“Childhood, Youth and intergenerational relationships in a changing society”)

2001 - 2005

“Schweizer Studie zu Gesundheit und Lebensstil von Jugendlichen zwischen 16 und 20 Jahren, 2002” (SMASH02).

This project is a modified replication of a study on adolescents’ health in 1992. The sample is representative of adolescents in Switzerland and includes 7’500 adolescents aged 15-20.. Health is defined in medical and psychological terms.

As was already the case in 1992, the project was initiated by the “Division of social and preventive medicine” in Lausanne (Prof. P-A. Michaud, Research group on adolescents’ health) and is a collaboration project with the Department of Psychology in Berne – PEDES, and the Division for Health Promotion and Evaluation of the Canton Tessin). All instruments were developed or adapted in close collaboration by all teams involved.

I had the responsibility for the German speaking part of Switzerland.

Financial support from the Bundesamt für Gesundheit (Swiss Federal Office for Public Health).

2001 - 2002

Body-image and eating problems in adolescents and young people: Cooperation project with Prof. Robert Seiler, Swiss School of Sports in Magglingen and Stefan Valkanover, University of Berne.

Data from adolescents belonging to national sports teams and data from adolescents from a normal population are compared.

Financial support for parts of the project from the Swiss School of Sports.

2001 - 2003

"Everyday Strain in Georgian, Swiss and Norwegian Students"

This project is conducted in collaboration with August Flammer in Berne, and Prof. Natela Imedadze, in Tbilisi, Georgia.

The aim of the project is twofold: First to contribute to the development of research on adolescence in Georgia through supervision of doctoral students in Tbilisi, and to gain knowledge about the situation of adolescents' health in Georgia. Data will allow comparisons with Swiss and Norwegian adolescents in the mid-nineties and with Swiss adolescents in the same year of data collection (see SMASH02 above).

Financial support from the Swiss Research Council.

2000 - 2003

Videofilm and handbook on Victimization in kindergarten and in school.

This project is based on results from former projects on victimization. It is aimed at producing an instrument to be used in prevention work with teachers, parents, children, and adolescents. It is a cooperation with Dyas Video Productions, Bernischer Lehrmittel- und Medienverlag, and Dachverband Lehrer und Lehrerinnen Schweiz.

Financial support: Schweizerischer Nationalfonds [Swiss Research Council]; 7 Erziehungsdirektionen; Dachverband Lehrer und Lehrerinnen Schweiz.

2000 - 2001

"Development of indirect aggressive behavior".

The main aim of the project was to examine the various expressions of indirect aggression at different ages. The project included children and adolescents aged between 6 and 17 years. Five major issues were addressed: Age and gender differences, indirect aggression in friendship relationships and in the family, and emotions/reactions of the targets of indirect expressions of aggression.

Students worked on this project within the frame of their master theses.

1999 - 2001

"Körpererfahrung und Motorik plagender Kindergartenkinder" [Body experience and motor development in bullying children in Kindergarten].

Project aimed at collecting additional data for the doctoral thesis of Stefan Valkanover.

Financial support: Swiss School of Sports Magglingen.

1998 - 2000

Evaluation of a therapeutic community for girls with severe eating disorders in Liestal (KJPD), Switzerland. Project conducted with two master thesis students.

Financial support from KJPD-Liestal.

1998 - 1999

Consultant in a cross-cultural project on street children "Negotiating with life challenges. Images of lives of street and working children across countries", Coordinators are Dr. S. Verma, India, and Prof. B. Qvarsell, Sweden.

1994 - present

Co-investigator in a project on "Epilepsy in children and adolescents".

Financial support from the Norwegian medical research council.

The project is aimed at examining psychosocial adjustment in children and adolescents with epilepsy considering 1) medical, 2) psychological/individual variables, and 3) factors tied to the support provided to the families (society). The project has its site at the pediatric

- hospital in Bergen, Norway.
- 1998 - 2000 *Supra-f*. A national project on secondary drug prevention from the Swiss Federal Office for Public Health (BAG). Research Center Bern.
Financial support from the BAG.
- Supra-f* is conceived as an action research project. It includes evaluation studies as well as research on risk and resources as to the development of problem behavior in children and adolescents. It is based on a close collaboration between the research centers (located in Bern, Lausanne, Fribourg, Zürich) and the institutions working with the adolescents.
- 1997 - 2000 "Victimization in Kindergarten: Types and Prevention".
Financial support from the Swiss National Science Foundation, NFP40. Grant 4040-045251.
- The project comprised two studies. The first study aimed at the classification of victimization episodes and the early diagnosis of victims and aggressors. The focus of the second study was on the implementation of a prevention program that was evaluated. A pretest - intervention - posttest design with a control group was used. The project group included the principal investigator, two assistants (total 70%), a doctoral student (100%), two research assistants (total 50%). Furthermore, five master thesis students collaborated with the project team and eight students worked on the project as part of their research training.
- 1995 - 1998 "Eating concerns at puberty: first signals and risk factors".
Financial support from the Norwegian Council for Medical Research for 1995-1997. Grant 107326/330
- 1997 Report on bully / victim problems in Switzerland.
Financial support from the Japanese Ministry of Education.
- The report is part of an international endeavor including 20 national reports. The international project was co-coordinated by professor Morita, Osaka University, Japan and Dr. Ohsako, International Bureau of Education, Geneva, Switzerland.
- 1995 - 1997 "Bully / victim problems in Swiss and Norwegian schools"
- The project was driven in collaboration with four students working on their master theses at the University of Berne, Switzerland, and based on data from the "Stressors and psychosocial adjustment in adolescence in Switzerland and Norway" project. Some of the issues addressed are: Gender differences, cross-national differences in frequency and type of bully / victim problems, relationships between victimization and school performance, and a classification of types of victims and aggressors.
- 1994 - 1997 "Adolescents' relation to their bodies".
- On body awareness / concept and the relationship between body awareness / concept and pubertal development, sports, eating habits, and psychosomatics. Project conducted with master thesis students
- 1993 - 1996 Joint longitudinal project on "Stressors and psychosocial adjustment in adolescence in Switzerland and Norway".
Financial support from the Norwegian Council for Medical Research to F. Alsaker, Grant 104030/330 and from the Swiss Research Council to the project group (see below), Grant 4033-035779.
- The project direction in Berne consisted of A. Flammer (principal investigator, child & youth psychology), W. Felder (child psychiatry), W. Herzog (educational psychology), F. Alsaker, and A. Grob (child & youth psychology). The Swiss part of the project is funded within the NFP-33 programme.

In Norway F. D. Alsaker was principal investigator (developmental psychology), and J. C. Laberg (social psychology) and I. Endresen (personality psychology) were collaborators.

- 1992 - 1996 Member of the steering committee of the "EURONET on Adolescence in the Context of Change".
Financial support from the Johan Jacobs Foundation, Zürich.
- This was a research group initiated by professor A. Flammer, University of Berne, Switzerland. The project comprised researchers and data from 12 countries. Coordinator of the project in 1993.
- 1991 Consultant on a project on low birthweight (SGA) children. This is an international multiple site project. Area of consultation: parental adjustment, social support, and peer relations.
- 1990 - 1993 Kindergarten. Precursors of school adjustment, bully-victim problems, self-concept and prosocial behavior among preschoolers.
Financial support from the Norwegian Council for Research in the Humanities for 1990-1992.
- 1990 - 1992 "Mental health problems in children and adolescents. Prevalence and risk factors" Main issues were depression, social isolation and victimization.
Financial support from the Norwegian Research Council / Program for Epidemiological Research.
- 1989 - 1990 Actively participated in the preparation of a ten-year longitudinal project on life style, risk behavior, and mental health in middle through late adolescence at the Center for Health Promotion, Department of Psychosocial Science, University of Bergen.
- 1987 Consultant on a project on attitudes toward sex-roles among first graders, Institute of Sociology, Bergen, Norway.
- 1984 - 1992 Worked with Prof. Dan Olweus on the project "School as a context for social development" . This is a cohort longitudinal project (6 data collections), comprising four cohorts of school children, originally in grades four through seven. About 2800 children, 1000 parents, and 400 teachers participated in the study.
- 1984 - 1989 Development of self-concept/self-esteem in early adolescence. The issue of stability and change in global self-esteem over time and the relation of global self-esteem to different facets of self-concept and to variables such as school achievement, peer relations and pubertal development have been the major foci.
This work was supported by the University of Bergen (research officer position)
- 1984 - 1986 Relationship between self-esteem, sex-roles and irrational beliefs among young adults. This project was a joint project with F. Vollmer and O.J. Hovland (Associate Professors) at the Department of Personality Psychology, Bergen, Norway.

10. Applied Projects and Dissemination of research

- 2003 – present Development of a prevention group, the "Alsaker Gruppe für Prävention", consisting of psychologists (school psychologists and psychotherapists), teachers, special teachers and physicians.

The group offers workshops and supervision for teachers, whole schools and parents.

The applied purpose of the project is the prevention of disturbances in children and adolescents (from preschool age through high school). Until now, prevention of violence has been the main topic.

The research purpose of the project is the evaluation of easy available and low-cost programs in preventing different types of problem behavior in children and adolescents.

Until now, the project has been auto-financed. The costs for interventions from the prevention group are borne by the schools, communities and parents' groups.

- 1994 - present Talks, courses, and workshops on violence and victimization with a special focus on prevention of bully / victim problems in kindergartens and schools:
- Norway: in Bergen and surrounding communities
- Switzerland: in Bern and surrounding communities as well as in many other areas and communities, such as: Aarberg, Biel, Benken, Brienz, Brugg, Freiburg, Hergiswil, Jegenstorf, Kaltbrunn, Kerzers, Küssnacht, Lausanne, Liestal, Rüti, Schmerikon, Seedorf, Stans, Thalwil, Thun, Vevey, Zürich
- 1990-present Interviews on violence and bully / victim problems in school, on different topics in developmental psychology and specifically on adolescents' development and health for Swiss and Norwegian Media:
- Newspapers and magazines (e.g., Beobachter, Der Bund, Le Temps, Neue Zürcher Zeitung, Tagesanzeiger, Wir Eltern, Die Zeit, Dagbladet, Verdens Gang)
 - Radio (e.g., DRS2-Aktuell, DRS1-Regional Journal, DRS1-Rendez-vous, DRS1-Familienrat, Norwegian Radio/NRK)
 - Television (SF1, SF2 & VOX: NZZ-Magazin)

11. Publications (see separate list of publication).